

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
JOURNEY THROUGH MEMORY MONTH!	3 10a Memory & Music/Perry Como 11a Arts & Crafts/teal seashell 1:30p Chair Exercise 2:30p Journey Through Memory Exhibition LIGHT THE WORLD TEAL	4 10a Comedy Hour 11a Autumn Art 1:30p Group Exercise 2:30p Tea News & Views ELECTION DAY	5 10a Bingo Mania 11a Fancy Nailcare & VSC 1:30p Meditation in Autumn 2:30p Reminisce/Jazz Music 	6 10a Bend and Stretch 11a Family Feud 1:30p Senior Wordsearch 2:30p Chat/Childhood Memory	7 10a Daily TV Mass 11a Beat the Clock Games 1:30p Watercolor Memory 2:30p Sing Along with friends 	Alzheimer Awareness Journey Through Memory  GURWIN HEALTHCARE SYSTEM <i>Caring for Generations</i> LIGHT THE WORLD TEAL! November 3, 2025 Family and Friends Gathering
	10 10a Fall Flavors Coffee Tasting 11a Bible Studies & Services with Joanne 1:30p Library Hour 2:30p Newsday Dear Abby 	11 10a Veteran Day Prayer Service 11a Color by Numbers 1:30p Sing-along/Patriotic songs w/James Petriccione 2:30p Indoor Golfing VETERANS DAY	12 10a Puzzle 11a Table Worksheet 1:30p Nature Vibes with Carol 2:30p ZOO J-I-N-G-O	13 10a Men Club/Cooking 11a Google Earth Flower Garden 1:30p Table Ping Pong 2:30p Memory through Movies 	14 10a Paint at the Parrish 11a Range of Motion Exercise 1:30p Indoor Gardening 2:30p Lifetime Memory/Chat	
All activities are subject to change. Individual Activities available at all times. Question about Activities email Phazzard@Gurwin.org or 631-715-8639 STAFF ARE MONTESSORI TRAINED	17 10a Stretch and Strengthen 11a Dominio Table and Games 1:30p Women Club 2:30p Library Hour	18 10a Aroma & Meditations 11a Tea News & Views 1:30p Seniors Zumba 2:30p Brain Games/ Sticker by Number	19 10a Trip/Bowling 11a Trip Commack Bowling 1:30p Tai Chi with Suzan 2:30p Brain Trivia	20 10a Comedian Hour & Bloopers 11a Watercolor by Number 1:30p Thanksgiving Food Drive 2:30 Table Checkers Tournament	21 10a Drum ball Exercise 11a Reminisce/ Jazz & Swing 1:30p Spa Day & VSC 2:30p Selfcare and Tea	
	24 10a Puzzles and Brain Games 11a Bible Studies & Services with Joanne 1:30p Trip/Volunteer Hour 2:30p Fall Cooking Class	25 10a Thanksgiving Worksheet 11a Fall Flavors Pie Tasting 1:30p Movement and Exercise 2:30p Member Council Meeting	26 10a Thanksgiving Crafts 11a Giving Bingo 12p Thanksgiving Celebration 1:30p Memory & Music/Frank Sinatra with James Petriccione 2:30p Thanksgiving Trivia	27  HAPPY THANKSGIVING	28 10a Holiday Crafting for a Cause 11a Teatime Gathering 1:30p Seniors Zumba 2:30p Seasonal Decorating	
			 SOCIAL WORKERS 631-715-2815 Alexandra Ketcham 631-715-2361 VSC Programs all Day			