








December

GURWIN ADULT DAY HEALTH PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1.	2.	3.	4. 11am Communion	5. Oneg Shabbat	6.
	Drum Circle Outburst BINGO	Music with Dave Patrick Nail Apt. Adult Education	Holiday Sing Along! Nature Vibes Drum Lessons Tai-Chi 	Jimmy Rosica Very Cool Music School Art Therapy Walmart Trip Winter Color by Number 	Group Exercise Adult Coloring BINGO	Piano with Paulette Individual Activities BINGO
7.	8.	9.	10.	11. 11am Communion	12. Oneg Shabbat 11am	13.
Religious service Music with Roberta Gingerbread Houses Sunday Sundaes with Festive Cinema	Bible Study Adult Coloring BINGO	Wellness Workout Nail Apt. Seasonal Beading	Holiday Card Decorating Individual activities Karaoke 	Train craft Art Therapy Birthday Party with Roberta	Stretch & Flex Rabbi Talk Cooking Club BINGO	Boxing Outburst Music with peter Larosa
14. Hannukah Begins!	15.	16.	17.	18. 11am Communion	19. Oneg Shabbat	20.
Religious service Holiday Creation Station Adult Coloring Music with Nancy	BINGO Individual Activities Welcome Hannukah Party w/ John C.	Group Exercise Nail Apt. Cookie decorating 	Tai-Chi Polar Express coloring Trip To the Dollar tree Holiday Collage wishlist	Jimmy Rosica Very Cool Music School Art Therapy Holiday Boutique Holiday crafts 	Morning Workout Holiday Boutique Pajama party & The Polar Express Movie!	Music with Mary Peck Individual Activities BINGO
21.	22.	23.	24.	25. Happy Holidays!	26. Oneg Shabbat	27.
Religious Service Bible Study Arts & Crafts Music with Conrad	BINGO Crazy Holiday Hat Day!  Holiday Karaoke	Boxing Festive socks Ornament making 	Karaoke Ugly Sweater Day Holiday & Reindeer Games 	CLOSED FOR Christmas 	Sittercise Cooking Club BINGO	BINGO Adult Coloring Entertainment with Nancy
28.	29.	30.	31.	All Activities are subject to change" *Other activities available upon request see TR staff!!!!		
Religious Service Music with Mary Peck Outburst Jewelry Making	Snowflake Stencil Project Individual activities BINGO	Wellness Workout Trip to Cheesecake Factory Member Council Meeting	New Years Eve Party w/ Curtis New Years Resolutions 2026			

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